

Parts Work Practice Agenda

Wednesday Agenda and timing

- 4:58 PM Pacific Time Zone - Open Main Room**
- 5:00 Start Meditation**
- 5:05 Introduce volunteers**
- 5:10 Meeting locked**
- 5:10 Read the agenda**
- 5:12 Announcements**
- 5:13 Acknowledge participants new to Parts Work Practice**
- 5:15 Introduce Exercise (read and summarize)**
- 5:21 I'm noticing a part**
- 5:25 Breakout Rooms - facilitated groups**
- 6:05 Main room discussion**
- 6:25 Practice Assistants Closing Comments**
- 6:28 Closing meditation**
- 6:30 Meeting closed**

Sunday Agenda and timing

- 8:58 AM Pacific Time Zone - Open Main Room**
- 9:00 Start Meditation**
- 9:05 Introduce volunteers**
- 9:10 Meeting locked**
- 9:10 Read the agenda**
- 9:12 Announcements**
- 9:13 Acknowledge participants new to Parts Work Practice**
- 9:15 Introduce Exercise (read and summarize)**
- 9:21 I'm noticing a part**
- 9:25 Breakout Rooms - facilitated groups**
- 10:05 Main room discussion**
- 10:25 Practice Assistants Closing Comments**
- 10:28 Closing meditation**
- 10:30 Meeting closed**